

Ballet Jazz Tap Hip Hop BOYS ONLY CLASSES Acro/Tumbling CLOGGING Leaps& Turns & Tricks Showmanship

# Strength/Flexibility Modern/contemporary *POINTE/PRE-POINTE*

Classes for Toddlers thru Advanced Students

Class Dates: June 23<sup>rd</sup>-August 7<sup>th</sup> No Classes July 21<sup>st</sup>-24<sup>th</sup>

Jan Tripp, Studio Director 2610 Industrial Court Hastings MN 55033 651-438-3690 or 651-437-1584 www.jansschoolofdance.com

Complete and mail the Registration Form or call the number above

# Acro & Tumbling Classes

#### Acro for Dancers

These classes are for flexible dancers who want to learn some basic tumbling skills and specialty tricks. These moves will be incorporated into next season's jazz, lyrical, and novelty routines.

#### Level I

<u>Section A: \$96</u>: (Kelly -HS gymnastics coach) Mon/Wed 4:00 - 5:00 pm (6/23-8/6) <u>Section B: \$96</u>: (Brian - HS gymnastics coach) Tues/Th 10:15 – 11:15 am (6/24-8/7)

Level II – (prerequisite: back walkover or permission from instructor) Section A: \$96: (Kelly-HS gymnastics coach) Mon/Wed 5:00 – 6:00 pm (6/23-8/6) Section B: \$96: (Brian - HS gymnastics coach) Tues/Th 11:15 – 12:15 am (6/24-8/7)

#### **Tumbling & Movement**

Basic tumbling and balance skills. Taught by Brian the Red Wing HS gymnastics coach & Hastings gymnastics Captain, Taylor. Add a dance combo also if desired or sign up for both sections.

<u>Section A: \$48</u>: (Pre-K) Mon 6:00 – 6:45 pm (6/23-8/4) <u>Section B: \$48</u>: (Pre-K) Tues 9:30 - 10:15 am (6/24-8/5) <u>Section C: \$48</u>: (Pre-K) Wed 6:00 – 7:00 pm (6/25-8/6) <u>Section D: \$48</u>: (Pre-K) Thurs 9:30 - 10:15 am (6/26-8/7)

# Toddler Dance Combo (2-3 yr. olds)

This is a fun introduction to dance, creative movement, and tumbling. <u>Feel free to pick up more</u> than 1 section or add a tumbling class! <u>Section A: \$48</u>: 9:00 - 9:30 am (Alessandra) Tues (6/24 - 8/5)<u>Section B: \$48</u>: 5:15 -5:45 pm (Alessandra) Tues (6/24 - 8/5)<u>Section C: \$48</u>: 9:00 - 9:30 am (Alessandra) Thurs (6/26 - 8/7)<u>Section D: \$48</u>: 5:15 -5:45 pm (Alessandra) Thurs (6/26 - 8/7)

\*\*\*\*\*\*Note: If you need to miss class due to a conflict or vacation, please feel free to attend another class as a make-up.\*\*\*\*\*\*

# **Preschool Dance Combo**

This is a fun introduction to all forms of dance including Tap, Jazz, Ballet, and Tumbling. This class is for 3-5 year olds. You may take more than one section or add a tumbling!

# K-2<sup>nd</sup> Grade Dance Combo

This will expand a student's dance horizon to include all areas of dance. We will cover clog, tap, jazz, hip hop & ballet. Feel free to pick up more than 1 section or add a tumbling class! Section A: \$48: 10:15-11:15 am (Alessandra) Tues (6/24 - 8/5) Section B: \$48: 6:30-7:30 pm (Alessandra) Tues (6/24 - 8/5) Section C: \$48: 10:15-11:15 am (Alessandra) Thurs (6/26 - 8/7) Section D: \$48: 6:30-7:30 pm (Alessandra) Thurs (6/26 - 8/7)

# Hip Hop/ Jazz

#### **Boys Only Hip Hop**

Boys class covering street dance, Hip Hop, & tumbling.

<u>Section A: \$48</u> 4:30 – 5:15 pm (Alessandra) Tues (6/24 – 8/5) <u>Section B: \$48</u> 4:30 – 5:15 pm (Alessandra) Thurs (6/26 – 8/7)

# Jazz/Hip Hop (Grades 3<sup>rd</sup> & Up)

These 12 classes will cover jazz and hip hop styles of dance. Introducing the dancers to the latest funky dance moves.

<u>Section A: \$96</u> 7:30 - 8:30 pm (Alessandra) Grades 3<sup>rd</sup> & up Tue/Th (6/24 - 8/7)

#### **Ballet Classes**

# Primary Ballet (1<sup>st</sup>-3<sup>rd</sup> grade)

Students learn the foundations of ballet including foot, let, hip, torso, shoulder, arm, neck, and head positions. They explore different fundamental movements such as plie, tendu, degage, and chasse. They also practice correct pirouettes and basic allegro steps. (Little or no ballet experience required.)

Section A: \$48 4:00 - 4:30 pm (Alessandra) Tues/Thurs (6/24 - 8/7)

#### Classical Russian Ballet I & II (4<sup>th</sup> grade & up)

Students learn the foundations of ballet. They explore different fundamental positions & movements such as plie, tendu, degage, and chasse. They also develop their turns, basic allegro steps, and linking steps across the floor. (No ballet experience required.)

Section A: \$96 4:45 - 5:45 pm (Alessandra) Mon/Wed (6/23 – 8/6) Section B: \$96 11:15 am -12:15pm (Alessandra) Tues/Th (6/24 - 8/7) Section C: \$96 4:00 pm - 5:00pm (Leah) Tues/Th (6/24 - 8/7)

#### Classical Russian Ballet III

Dancers refine ballet technique and positions while exploring more complex movements at the barre. They learn intermediate linking steps and various kinds of attitude and grand pirouettes. Students also practice larger grand allegro jumps and leaps with beats and turns midair.

Section A: \$96 8:00 – 9:00 pm (Alessandra) Mon/Wed (6/23 - 8/6)

#### **Classical Russian Ballet IV & V**

Students become more proficient in ballet technique and positions while applying more complex movements to their centre work. Students learn more advanced turns and larger allegro steps with multiple beats as well as quick articulation.

Section A: \$96 8:00 – 9:00 pm (Alessandra) Mon/Wed (6/23 - 8/6)

### **Pointe and Pre-Pointe**

Time to rise to the ends of your toes and float across stage! Pointe class is one of the most exciting and challenging classes for teens. Requirements: Enrollment in Ballet III or IV, 12 year old & up, & approval from Jan and Alessandra.

Section A: \$48: 9:00-9:30 pm (Alessandra) Mon/Wed (6/23 - 8/6)

# **Clogging Technique**

Many styles of Clogging and Tap will be taught, including Irish Step, Country and Old Style. Join in the fun that our competition lines are already enjoving. Clogging & Tap steps and combinations will be taught.

#### Level I – Grades 3 and Up

Section A: \$96: 6:45 – 7:45 pm Mon/Wed (6/23 - 8/6) Level II - Grades 5 and Up (recommended for those in or would like to be in Superclog-Grade 5 &

up)

Section A: \$96: 7:45 – 8:45 pm Mon/Wed (6/23 - 8/6)

# **Power Jazz/Showmanship**

This class is a NEW offering to help dancers learn to put power & strength into their dance movements for jazz & hip hop. The dancers will work on combinations that will increase their ability to perform on stage with energy and sharpness to all of their skills. This class will also help students with their showmanship/ emotional expression on stage.

Section A: \$96 6:00-7:00 pm (Leah) Tue/Th (6/24 - 8/7)

# Master Class/Choreography Workshop

Students explore different kinds of improvisation techniques through various activities. They will learn combinations in different genres as well as focus on across the floor technique. While blending student choreography with combinations learned in class, dancers will develop their own piece to share with family & friends at the end of the summer session.

<u>Section A: \$120</u> 5:45 - 7:00 pm (Alessandra) Mon/Wed (6/23 - 8/6)

# Leaps, Turns & Tricks

This is a class for students interested in improving their leaps and turns, & turn sequences with emphasis on spotting & core strength. Students will also work on individual tricks to put into competition routines. (i.e. toe rise, arch angel, etc.)

#### Leaps & Turns I (beginning & intermediate)

Section A: \$96	4:00-4:45 pm (Alessandra)	
	Mon/Wed (6/23 – 8/6)	
Section B: \$96	12:15 – 1:15 pm (Alessandra)	
	Tues/Thurs (6/24 – 8/7)	
Section C: \$96	5:00 – 6:00 pm (Leah)	
	Tues/Thurs (6/24 – 8/7)	
Leaps & Turns II (intermediate & advanced)		

Section A: \$96	7:00 – 8:00 pm (Alessandra) Mon/Wed (6/23 – 8/6)
Section B: \$96	12:15 – 1:15 pm (Alessandra)
	Tues/Thurs (6/24–8/7)
Section C: \$96	8:00 – 9:00 pm (Leah)
	Tues/Thurs (6/24 – 8/7)

#### Strength & Flexibility

This class is designed to condition your body as an athlete. The stronger and more flexible you are as a dancer the higher your leaps and kicks will be as a performer. Additional benefits are vour ability to resist injury, improve core strength. and overall endurance.

Section A: \$96 3:00-4:00 pm (Alessandra) Mon/Wed (6/23 - 8/6) Section B: \$96 1:15 – 2:15 pm (Alessandra) Tues/Thurs (6/24 – 8/7) Section C: \$96 7:00-8:00 pm (Leah) Tues/Thurs (6/23 - 8/7)

#### Pre-Audition Workshop

All dancers NEW to a competition line or new to Jan's competition lines including pre-comp students going into 3rd grade must attend the pre-audition workshop on July 16th–17th from 4-5pm. See Jan for conflicts. Cost \$20

### Competition Line Auditions (3<sup>rd</sup> Grade & up)

Audition Workshop by grade & Audition (\$50) Workshop: July 21<sup>st</sup>-24<sup>th</sup> Auditions: July 23rd & 24th Video Auditions held June 9<sup>th</sup> (\$60 + \$30 DVD dep) \*\*See separate audition registration forms for more information.\*\*